

RESPONSE FOR THE SUNDAY MASS

PSALM	<b>My God, my God, why have you forsaken me?</b>
GOSPEL ACCL.	<b><i>Praise to you, O Christ, King of eternal glory!</i> Christ was humbler yet, even to accepting death, death on a cross. But God raised him high and gave him the name which is above all names.</b>

MASS INTENTIONS

Day	Time	Date	Intention
SUNDAY	10am	5	<i>People of the Parish and John and Agnes Gallagher</i>
MON	10am	6	<i>John McGuire</i>
TUES	10am	7	<i>Rose Martin R.I.P.</i>
WED	10am	8	<i>Nellie Breen R.I.P.</i>
THURS	7pm	9	<i>Fr Joe Millar R.I.P.</i>
FRIDAY	3pm	10	<i>The Passion of the Lord</i>
SAT	-	11	<i>The Church waits at the tomb</i>
SUNDAY	10am	12	<i>People of the Parish and Catherine Healy (Anniv.)</i>

Please remember in your prayers those who have died recently: especially Fr Joe Millar, Agnes Walker Stella McRoberts Anthony Celentano and Rose Martin whose funerals will take place this week.

Please pray for all who are sick and anxious at this time and for all of those who care for the sick and offer any kind of support to keep us going.

# PALM SUNDAY

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ST MARGARET'S, DUNFERMLINE  
 AND  
 CHURCH OF THE HOLY NAME, OAKLEY

Dear Friends,

“This will be your busy time, Father”. I find it very difficult to restrain my tongue or even to prevent thoughts of physical violence surfacing in my mind after I’ve heard that greeting 1,000 times or more on the approach to Holy Week or Christmas. Yes, it can be a particularly busy time but, in my experience, it is also a very rewarding time. The liturgies are beautiful, packed with symbolism and meaning as we journey with Christ from his triumphal entry into Jerusalem on Palm Sunday through to the glory of Easter day. On Palm Sunday, the mood quickly changes from triumph and with him we utter the cry “My God, my God, why have you forsaken me?” On Holy Thursday, we experience the intimacy of the upper room, the anxiety of the garden, the sting of betrayal, denial and of being abandoned by those closest to Him. Yet, when we enter into Good Friday, the Liturgy, solemn and sombre, is the celebration of a triumph. Christ reigns from the tree and brings us freedom from sin and death. We wait quietly at the tomb on Holy Saturday, contemplating His sacrifice, praying that we may soon know the hope brought by the sight of the empty tomb and the joy of Resurrection.

This year, I wish I could hear that cheeky greeting once again! So many people work very hard to make our Holy Week services very beautiful. The attendance at each service is usually outstanding. It will be strange to celebrate “the mysteries that bring us new life” without your physical presence. I will celebrate Palm Sunday Mass at 10a.m. The Mass of the Lord’s Supper will be celebrated on Holy Thursday at 7p.m and the Celebration of the Lord’s Passion on Good Friday at 3.00p.m.

As we are unable to celebrate the Sacraments of Initiation at this time, I will not celebrate the Easter Vigil this year, and will celebrate Easter Sunday Mass at 10a.m. These will either be live streamed or recorded earlier and put on facebook for the published time.

I've attached a few resources, one for children for Holy Week (you might get it from the school as well) and a series of meditations by Canon Holuka on Good Friday. I hope that they are of use.

Let's make keep to the forefront of our thought this week this prayer from Good Friday:

**MAY YOUR ABUNDANT BLESSING, O LORD, WE PRAY,  
DESCEND UPON YOUR PEOPLE, WHO HAVE HONOURED THE DEATH OF YOUR SON  
IN THE HOPE OF THE RESURRECTION:  
MAY PARDON COME, COMFORT BE GIVEN, HOLY FAITH INCREASE,  
AND EVERLASTING REDEMPTION BE MADE SECURE.  
THROUGH CHRIST OUR LORD.**

With prayers and best wishes

*Fr Chris & Fr Augustus.*

PS. Anybody any uses for 700 palms?

Act of Spiritual Communion:

*'My Jesus, I Believe that You are in the Blessed Sacrament.  
I love You above all things, and I long for You in my soul.  
Since I cannot now receive You sacramentally, come at least spiritually into my heart.  
Although You have already come, I embrace You and unite myself entirely to You;  
never permit me to be separated from You.'*

Bishop Barron on the Corona Virus Quarantine and the opportunities it offers us. Well worth a watch.

He can be found at you tube. [https://www.youtube.com/watch?v=8\\_VJhBBqE5Y&feature=youtu.be](https://www.youtube.com/watch?v=8_VJhBBqE5Y&feature=youtu.be)

**Family resources for Holy Week** are available on the Archdiocesan website:

<https://archedinburgh.org/holy-week-family-resources/>

## **FUNERALS**

We have been instructed that funerals may only take place at the graveside or at the crematorium and will only be for immediate family who will observe social distancing at all times. This goes against all that comes naturally to us as human beings and as Christians. It goes against every instinct that I have as a priest. But it is necessary to save lives. Hold those who will experience this in your thoughts and prayers.

## **VOLUNTEERS**

Thanks to all who have volunteered to help anyone in need, from shopping, collecting prescriptions and giving a wee phone call to check in. We are working in conjunction with *Dunfermline Advice Hub* and *Fife Volunteer Action* as well. If you can give help, please do so. If you need help, or know someone who does, please don't hesitate to ask. At all times we will follow guidelines to keep people safe and well.

## **S.V.P.**

Our St Vincent de Paul are working harder than ever with the Social Work Department to ensure that the vulnerable and needy are looked after at this time. We have sent £500 from parish funds to support their work and will continue to do so for as long as needed. If you are able to make a donation to the S.V.P by internet banking, their bank details are: Bank of Scotland. Sort Code 800655. Account number: 00768139

## **PARISH EMAIL LIST**

I have put together an email list that will allow us to keep in touch at this time. I'll send a weekly update with the newsletter and some spiritual resources to help keep us going. Please also make use of the parish website, and pilgrimage facebook and twitter accounts (on front page and below). Don't be afraid to phone either.

## **FRESH FRUIT AND VEG**

Ferguson's on East Port are doing fruit and veg deliveries only. It's a set price £15 selection of fruit/veg (carrots, turnip, leeks etc). Also can deliver eggs £1.50 1/2 dozen. They have a Facebook page & telephone no. 01383 733048. Deliveries can be ordered 10am - 12 noon, Monday - Friday. Free doorstep delivery Dunfermline area, £3 delivery charge out with Dunfermline. Payment by contactless card over phone when ordered placed.

## **LEGACY PROJECT**

In accordance with Scottish Government advice this has been suspended. We have just paid a bill for £81,593.23 for the legacy project. We have also received a bill for £9,665.85 for work completed since the last valuation.

## **PARISH FINANCES**

Thanks to all of you who have completed standing order forms or set up internet banking donations to support your parish. Standing order forms are available of the parish website

If you can do this, it would be greatly appreciated. The Bank details for St Margaret's are: sort code: 80 06 55 Account 00720303. Holy Name: sort code 83 33 00 account number 00176355.

**But please, do not put yourself into any hardship.**

Some people were kind enough to drop their collection envelopes through the door. Thank you for this **but please follow advice to stay at home as much as possible** (you can save them up!).

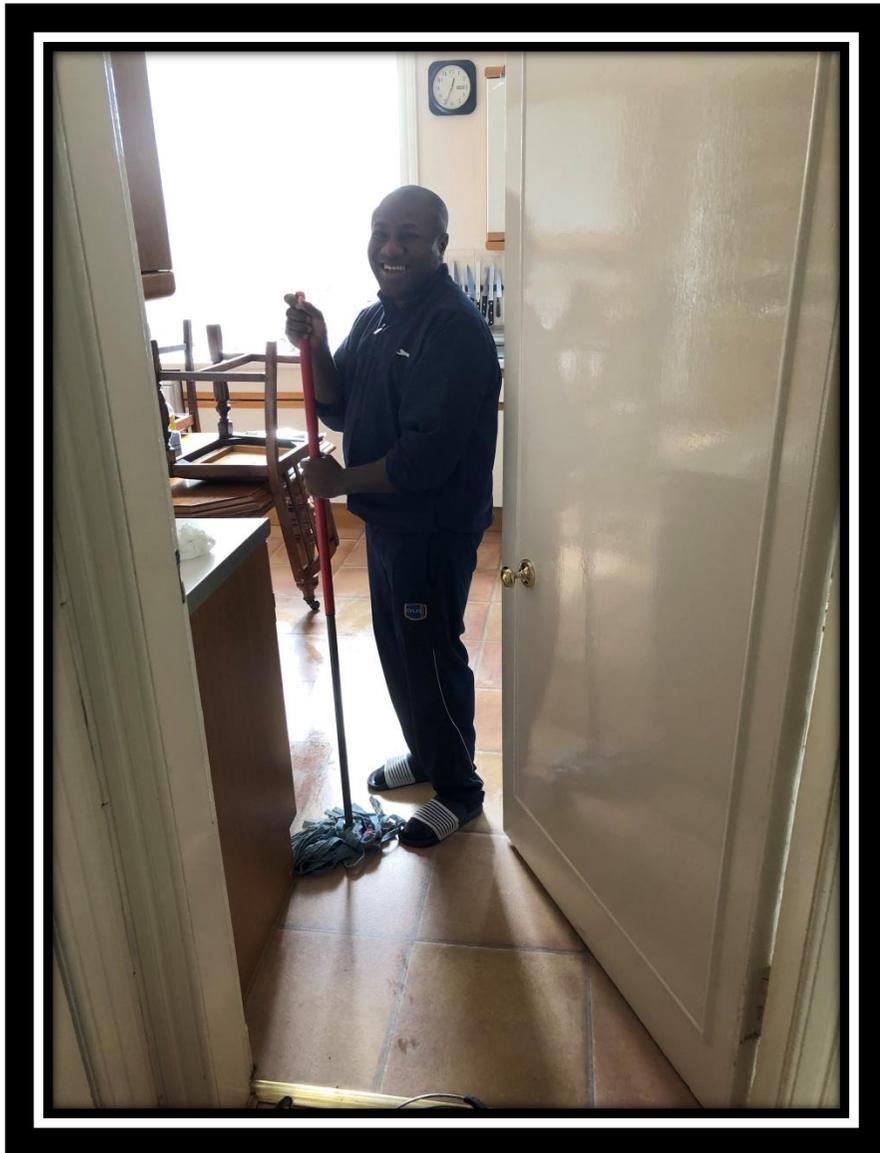
More importantly we have to think of the vital work done by our Saint Vincent de Paul Society and One World Group. Before this happened, the SVP were helping around 40 families a week with life's necessities. The One World Group support a school Kitchen in Malawi. This work has to continue and, indeed, will increase. I have decided that we will support their work financially from the parish funds to keep this vital work going.

## PRACTICAL TIPS FOR SURVIVING A PANDEMIC

- 1. Ensure that each person in the house has a clearly defined role and tasks to carry out e.g.**



Contemplation....



... sharing housekeeping roles fairly.

## 2. Communicate clearly to get your message over.

Don't be afraid of using modern methods or of being creative ...



Some useful online resources:

**Parish website:** [www.stmargaretsdunfermline.co.uk](http://www.stmargaretsdunfermline.co.uk)

**Facebook page:** @stmargaretpilgrimage

*please note you do not have to be registered on Facebook to enjoy 'Father entertains'*

**Twitter:** @StMargaretpilg1

**Archdiocesan website:** [www.archedinburgh.org](http://www.archedinburgh.org)

**Sacred Space** prayer resources: [www.sacredspace.ie](http://www.sacredspace.ie)

[www.universalis.com](http://www.universalis.com)

Mr Mulholland has prepared Stations of the Cross. They are available on YouTube at [youtu.e/FVEKmkxAMuQ](https://youtu.e/FVEKmkxAMuQ)

During this time with public Masses suspended and churches closed, **Magnificat** is offering **free** access to the online version of their monthly booklet. It's a good resource with daily prayers, readings, lives of the saints and much more. Check it out at: [www.magnificat.com/free](http://www.magnificat.com/free)

Health information:

NHS Inform [www.nhsinform.scot](http://www.nhsinform.scot)

Video appointments: [www.nearme.scot](http://www.nearme.scot)

As of March 23rd, some surgeries have GP and hospital appointments via a video link on you smartphone, tablet or computer. There's a menu on this site showing how to use the service and you can set up a test call to ensure it works.

Prescriptions:

Please give 7-10 days between ordering and collecting prescriptions from the pharmacies at this time as they are very busy. In association with NHS Fife, all pharmacies have altered their opening times opening one hour later than normal and closing one hour earlier than normal. All pharmacies are closed 1-2pm to allow for lunch and cleaning. Your patience and thanks for continued support for all the local pharmacy teams are appreciated.

Remember prescription requests can be made in pharmacies (in person or on phone), online through Patient Access/pharmacy sites or posted (if your surgery has) through designated post box normally in the porch area.

If you are self-isolating/vulnerable, please contact your pharmacy to discuss delivery options or there is currently a service offered by NHS Fife in conjunction with Fife Voluntary Action:

*To access the delivery service, a phone line will operate between 9am and 5pm, Monday to Friday. You can also email the service at any time.*

**Email:** [prescriptions@fva.org](mailto:prescriptions@fva.org)

**Phone:** 0800 389 6046

To have your medicines delivered you should:

1. Contact your GP Practice (or Pharmacy) to request your prescription.

**\*\*Tell your GP Practice which community pharmacy you would like the prescription sent to. For many people, you will have already done this and the GP Practice will know. If not, you should suggest a community pharmacy near to your home.\*\***

2. Next, contact the delivery service by phone or email.
3. You should provide your name, your GP practice, the community pharmacy, your home address and **on which date you ordered the prescription** from your GP (*please make this clear as we do not wish to waste drop slots*)
4. You should also advise via telephone or by email of any **special instructions** for delivery, if there are items which need to be stored in the fridge, or how to operate the buzzer if you live in a flat.

Volunteer drivers will try to attend community pharmacies to collect prescriptions from 9AM -10AM or 5PM – 6PM when pharmacies may be closed to the public. This is to minimise risk and disruption to services.

